

## **1 Corinthians 12:12-31**

For just as the body is one and has many members, and all the members of the body, though many, are one body, so also is Christ. <sup>13</sup> For by<sup>[c]</sup> one Spirit we all were baptized into one body, whether Jews or Greeks, whether slaves or free people, and we were all caused to drink one Spirit. <sup>14</sup> Furthermore, the body is not one member, but many. <sup>15</sup> If the foot says, "Because I am not a hand, I am not part of the body," it does not on that account cease to be part of the body. <sup>16</sup> If the ear says, "Because I am not an eye, I am not part of the body," it does not on that account cease to be part of the body. <sup>17</sup> If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? <sup>18</sup> But now God has arranged the members in the body, each and every one of them, as he desired. <sup>19</sup> If they were all one member, where would the body be? <sup>20</sup> But as it is, there are many members, yet one body.

<sup>21</sup> The eye cannot say to the hand, "I have no need for you," or again the head to the feet, "I have no need for you." <sup>22</sup> On the contrary, the members of the body that seem to be weaker are much more necessary. <sup>23</sup> As for the parts of the body we consider less honorable, these we provide with more honor. We treat our unpresentable parts with more modesty, <sup>24</sup> whereas our presentable parts have no such need. But God put the body together in a way that gave more honor to the parts that lack it. <sup>25</sup> He did it so that there might not be any division in the body, but that the members might all have the same concern for one another. <sup>26</sup> So if one member suffers, all the members suffer with it, or if one member is honored, all the members rejoice with it.

<sup>27</sup> You are the body of Christ, and individually you are members of it. <sup>28</sup> And God appointed in the church: first apostles, second prophets, third teachers; then miracles, healing gifts, helpful acts, leadership abilities, kinds of tongues. <sup>29</sup> Are all apostles? Are all prophets? Are all teachers? Are all miracle workers? <sup>30</sup> Do all have healing gifts? Do all speak in tongues? Do all interpret? <sup>31</sup> But eagerly seek the greater gifts. And now, I am going to show you a more excellent way.

## **2 Corinthians 1:3-5**

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, <sup>4</sup> who comforts us in all our trouble, so that we can comfort those in any trouble with the same comfort with which we ourselves are comforted by God. <sup>5</sup> For just as the sufferings of Christ overflow to us, so through Christ our comfort also overflows.

## **Acts 17:26-37**

From one man,<sup>[c]</sup> he made every nation of mankind to live over the entire face of the earth. He determined the appointed times and the boundaries where they would live. <sup>27</sup> He did this so they would seek God<sup>[d]</sup> and perhaps reach out for him and find him, though he is not far from each one of us.

## **Matthew 25:31-40**

"When the Son of Man comes in his glory, and all the angels with him, he will sit on his glorious throne. <sup>32</sup> All the nations will be gathered in his presence, and he will separate them one from another, as a shepherd separates the sheep from the goats. <sup>33</sup> He will put the sheep on his right and the goats on his left. <sup>34</sup> Then the King will say to those on his right, 'Come, you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world. <sup>35</sup> For I was hungry and you gave me food to eat. I was thirsty and you gave me something to drink. I was a stranger and you welcomed me. <sup>36</sup> I was lacking clothes and you clothed me. I was sick and you took care of me. I was in prison and you visited me.'

<sup>37</sup> “Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you a drink? <sup>38</sup> When did we see you a stranger and welcome you, or lacking clothes and clothe you? <sup>39</sup> When did we see you sick or in prison and visit you?’

<sup>40</sup> “The King will answer them, ‘Amen I tell you: Just as you did it for one of the least of these brothers of mine, you did it for me.’

## **John 1:43-49**

<sup>43</sup> The next day, Jesus wanted to leave for Galilee. He found Philip and said to him, “Follow me.” <sup>44</sup> Now Philip was from Bethsaida, the hometown of Andrew and Peter.

<sup>45</sup> Philip found Nathanael and told him, “We have found the one Moses wrote about in the Law, and about whom the prophets also wrote—Jesus of Nazareth, the son of Joseph.”

<sup>46</sup> Nathanael said to him, “Nazareth! Can anything good come from there?”

“Come and see!” Philip told him.

<sup>47</sup> Jesus saw Nathanael coming toward him and said about him, “Truly, here is an Israelite in whom there is no deceit.”

<sup>48</sup> Nathanael asked him, “How do you know me?”

Jesus answered, “Before Philip called you, while you were under the fig tree, I saw you.”

<sup>49</sup> Nathanael answered him, “Rabbi, you are the Son of God! You are the King of Israel!”

## **2 Kings 5:1-6**

Now Naaman was commander of the army of the king of Aram. He was a great man in the sight of his master and highly regarded, because through him the LORD had given victory to Aram. He was a valiant soldier, but he had leprosy.<sup>[a]</sup>

<sup>2</sup> Now bands of raiders from Aram had gone out and had taken captive a young girl from Israel, and she served Naaman’s wife. <sup>3</sup> She said to her mistress, “If only my master would see the prophet who is in Samaria! He would cure him of his leprosy.”

<sup>4</sup> Naaman went to his master and told him what the girl from Israel had said. <sup>5</sup> “By all means, go,” the king of Aram replied. “I will send a letter to the king of Israel.” So Naaman left, taking with him ten talents<sup>[b]</sup> of silver, six thousand shekels<sup>[c]</sup> of gold and ten sets of clothing. <sup>6</sup> The letter that he took to the king of Israel read: “With this letter I am sending my servant Naaman to you so that you may cure him of his leprosy.”

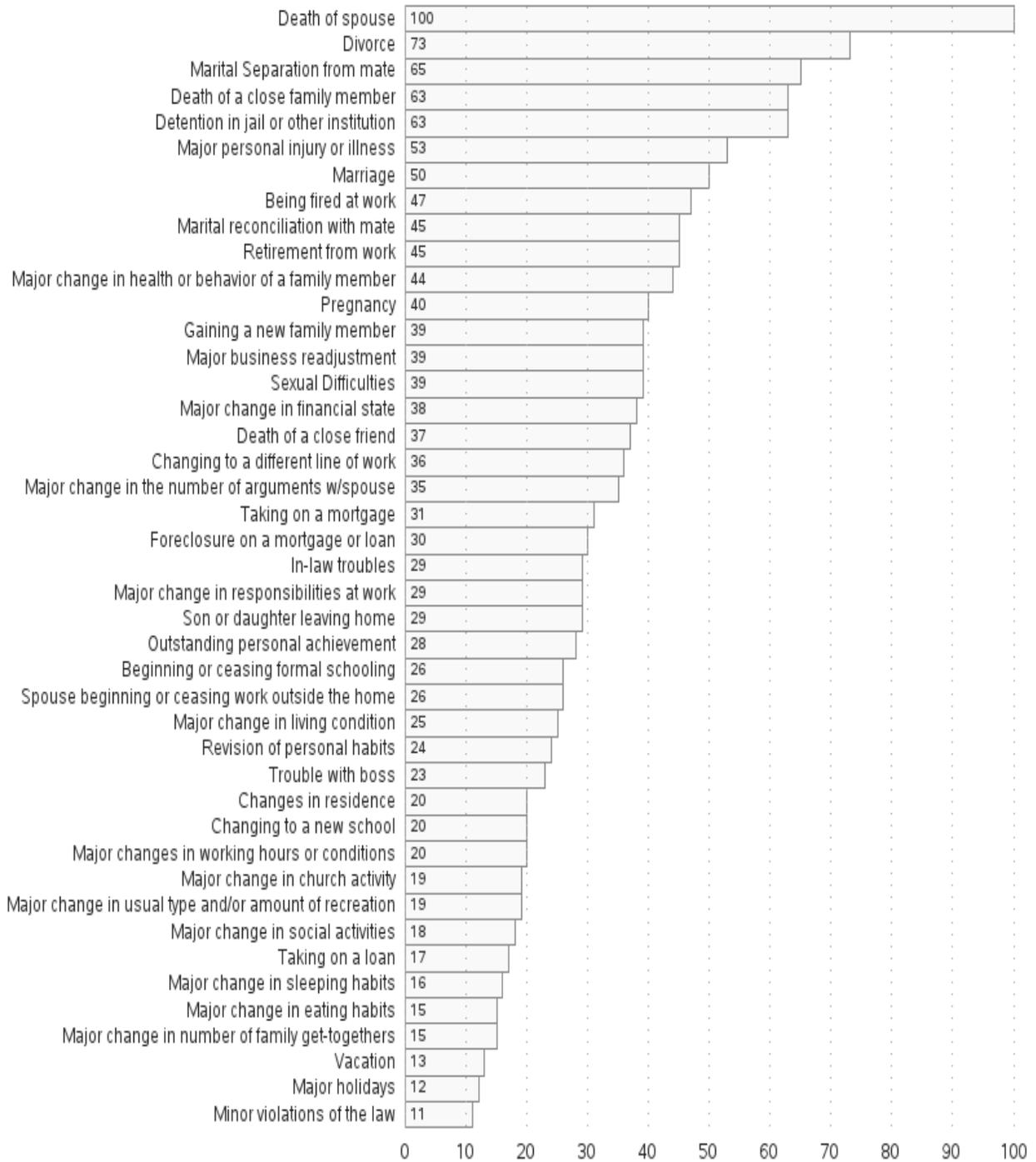
## **1 Peter 3:13-17**

Who is going to harm you if you are eager to do good? <sup>14</sup> But even if you should suffer for what is right, you are blessed. “Do not fear their threats<sup>[b]</sup>; do not be frightened.”<sup>[c]</sup> <sup>15</sup> But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, <sup>16</sup> keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander. <sup>17</sup> For it is better, if it is God’s will, to suffer for doing good than for doing evil.

Appendix A

### The Holmes-Rahe Life Stress Inventory

The Social Readjustment Rating Scale (SRRS)



Data source: simplypsychology.org

Appendix B

FRAN Sheet